

RHS Sports Medicine Athletic Training Program Student Athletic Trainer Expectations and Code of Conduct

Student Athletic Trainers shall arrive to practices and games at the designated time set by the Certified Athletic Trainer, unless other arrangements have been made with the Certified Athletic Trainer before game day or, at least, 1 day before a practice session. Just because a certain sport is not practicing does not mean that you do not have to report to the training room.

Student Athletic Trainers shall stay for the duration of practices and games and for break-down after the game, unless arrangements have been made with the Certified Athletic Trainer before game day or, at least, 1 day before a practice session. This profession is not a 9 – 5 job. There are times when we will need to stay for practices or games that are well beyond that time range.

The Student Athletic Trainer attire will be set by the Certified Athletic Trainer and will consist of sports/"baller" shorts, a t-shirt, and sneakers for practices. For games, khaki pants or shorts and the team t-shirt or polo with sneakers will be the dress code.

Student Athletic Trainers will only perform tasks that they have been trained to do.

Cell phones shall only be used in case of emergency. If you were to receive a call during practice, you will need to tell whoever it is that you will call them after you get out of athletic training.

There will be no fraternization with the athletes. Dating athletes is strongly discouraged and can affect your job as a health professional. Unethical behavior relating to directly or indirectly to this matter are grounds for dismissal from the program. If you are just trying to get close to the athletes, then you need to find another avenue to do it.

Student Athletic Trainers are always expected to perform above and beyond. There is always something to do – cleaning, stocking, organizing, etc. You may do homework in the athletic training room, but once an athlete comes in, you will need to attend to him/her. If your sport is at practice, you will need to also be with them.

Maintaining professionalism is an utmost importance. Our professionalism is what gives us respect. If you are not maintaining your boundaries, athletes will see you more as a friend and not a credible person that they need to listen to and respect as a health professional.

You are expected to always perform in the best interest of the athlete(s) and abide by the Hippocratic Oath (Do no harm).